



Adult Basketball

League runs: December - February

Min. teams per league: 4 teams Max. teams per league: None

What: We offer 6 leagues during the winter. They are Men's Open Fastbreak, Women's Open Fastbreak, Men's Open Slowbreak, Over 30 Slowbreak, Church Slowbreak League, and over 40 Fastbreak.

Eligibility: Ages 18 and over. For all leagues, you cannot be participating in the VHSL or college sport.

Where/When: All games take place at the Christiansburg Recreation Center. All teams play on Sundays. Church League also plays on Mondays, Slowbreak on Tuesdays, and Fastbreak on Thursdays.

How: Team registrations only. However, a free agent list will be kept by the Supervisor of Adult Athletics and Athletic Special Events.

To register follow these guidelines:

1. Entry form filled out and returned to the administrative office along with the fee of \$350.
2. Appropriate methods of payment are: correct cash, check and credit card.
3. Registrations are accepted from 8:00 a.m. – 5:00 p.m. Monday – Friday at the Christiansburg Recreation Center at 1600 North Franklin Street.

League Info:

1. Players are allowed to play on 1 team.
2. If you have any other questions, contact Brian Lambert, Supervisor of Adult Athletics @ 382-2349 x 2006.