



Adult Fall Co-ed Open Volleyball

League runs: September - November

Min. teams per league: 4 teams Max. teams per league: None

What: Co-ed Open League

Eligibility: Ages 18 and over for Open Leagues. For all leagues, you cannot be participating in the VHSL or college sport.

Where/When: All games take place at the Christiansburg Recreation Center. Games will take place on Thursday nights.

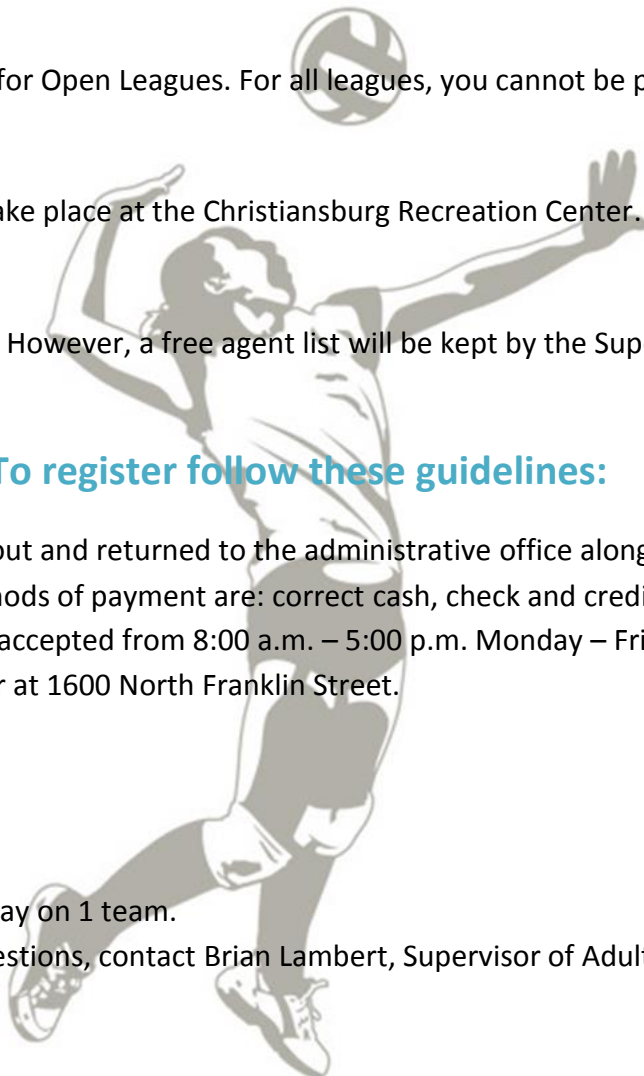
How: Team registrations only. However, a free agent list will be kept by the Supervisor of Adult Athletics and Athletic Special Events.

To register follow these guidelines:

1. Entry form filled out and returned to the administrative office along with the fee of \$125.
2. Appropriate methods of payment are: correct cash, check and credit card.
3. Registrations are accepted from 8:00 a.m. – 5:00 p.m. Monday – Friday at the Christiansburg Recreation Center at 1600 North Franklin Street.

League Info:

1. Players are allowed to play on 1 team.
2. If you have any other questions, contact Brian Lambert, Supervisor of Adult Athletics @ 382-2349 x 2006.



Volleyball League Rules:

1. No more than 3 men on the court at one time. Teams can play with as few as 2 players. 1 must be female.
2. Games are won by the first team to score 25 points. Rally Scoring is in effect. Teams must win by 2 points. Teams will play all 3 games as time allows, not the best 2 out of 3. Tournament games are best 2 out of 3.
3. Players must rotate in at the Serving positions. An injured player may be replaced.
4. Any questions regarding the officials ruling must be done by the Captain only.
5. The official will call the plane of the net (both ground and above the net).
6. Two one-minute time-outs per game. Teams must call a Time-Out to question the officials call.
7. Players conduct: Bad sportsmanship **WILL NOT BE TOLERATED**. The official has the right to eject a player for bad sportsmanship.
8. Teams cannot block or spike a serve.
9. 10. Teams are NOT ALLOWED to disturb the opposing team by yelling or any other unsportsmanlike act.
10. Forfeit time is game time for the first game. Then, after 15 minutes, the other two games will be forfeited.
11. If the ball is hit more than once on your side, a female must hit the ball.
12. No body parts below the waist will be allowed to hit the ball.
13. If games and/or are scheduled for weekdays and the **Montgomery County Public Schools are closed or dismissed early due to inclement weather, games and/or practices are automatically postponed.**
14. No food or drinks are allowed in the gym.
15. **We now have a cancellation line. To access it, dial 382-2349, select option 4.**