



# Adult Wiffleball

*League runs: November - January*

Min. teams per league: 4 teams      Max. teams per league: 10 teams

**What:** For the first time, we are offering an Adult Wiffleball League. Depending on the number of teams that register, we will play between 10-14 regular season games and a double-elimination tournament at the end of the season. **(Bat and Balls Are Provided)**

**Eligibility:** ages 18 and over, no current high school or college players

**Where/When:** All games take place at the Christiansburg Recreation Center. Games will be played on Saturday mornings or afternoons. Times will be determined based on court availability.

**How:** Team registrations only. However, a free agent list will be kept by the Supervisor of Adult Athletics and Athletic Special Events.

## **To register follow these guidelines:**

1. Entry form filled out and returned to the administrative office along with the fee of \$100.
2. Appropriate methods of payment are: correct cash, check and credit card.
3. Registrations are accepted from 8:00 a.m. – 5:00 p.m. Monday – Friday at the Christiansburg Recreation Center at 1600 North Franklin Street.

## **League Info:**

1. Players are allowed to play on 1 team.
2. If you have any other questions, contact Brian Lambert, Supervisor of Adult Athletics and Athletic Special Events @ 382-2349 x 2006.

## **Adult Wiffleball League Rules**

1. Game is played as a 5 on 5 format. After the game begins, any lineup changes will be governed by normal baseball rules.
2. Game is played on a field that is 60 feet in length and sideline to sideline at the homerun marker. Layout of the field is on the back of the sheet.
3. Field markers will mark the different hitting sections.
4. One fielder is assigned per section and they must stay in that section to field/catch balls.
5. Outs are achieved by catching fly balls, strikeouts, and clean catching groundballs. Groundballs that are bobbled or booted are counted as whatever hit that the section represents. If a groundball makes it through to the homerun area without it being touched, it will be ruled a triple. You must attempt to field balls while they are in motion. You cannot at any time let a ball stop and then pick it up for an out. It will be ruled a hit.
6. Three (3) strikes are an out. There will be a target that is the strike zone. If the pitch goes in the pocket it will be a strike. There are no walks or hit batters.
7. Scores are tallied upon normal baseball protocol. A single is one base, a double is 2 bases, a triple is 3 bases, and a homerun is 4 bases. Runners move up based on the bases above.
8. Homeruns are awarded by balls being hit passed the homerun marker in the air and not being caught. They must be in fair territory.
9. There is no base-running in this league.
10. Games are 7 innings or 1 hour. No extra innings during regular season. There will be a 10 run slaughter rule after 5 innings during the regular season games.

11. No unsportsmanlike conduct will be tolerated.

12. All participants must abide by the rules and regulations of the Christiansburg Recreation Center.

#### Behavior

1. Any player ejected from a game will be subject to an automatic suspension of 1 game. Added suspension lengths can be added if deemed necessary.

2. A 2<sup>nd</sup> ejection for a player will earn them a 1 year ban from any Christiansburg Department of Parks and Recreation event and/or property.

3. Any fighting will warrant an indefinite ban from all Christiansburg Department of Parks and Recreation events and/or property.

For cancellations please call 382-2349 option 4 or visit our website at

[www.christiansburg.org/recreation](http://www.christiansburg.org/recreation)