



Christiansburg Recreation Center  
 1600 North Franklin Street  
 Christiansburg, VA 24073  
 Open to Senior Citizens  
 (Ages 50 and over)

Telephone #: (540) 382-2349, ext. 2003  
 Fax #: (540) 381-5537  
 Email: tcaldwell@christiansburg.org



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>March</b>		<b>2019</b>			<b>1</b>	<b>2</b> <b>AARP Tax Aide:</b> 9 a.m. - 12 p.m.; Must schedule appointment
<b>3</b>	<b>4 AARP Tax Aide:</b> 1-4 p.m.; Senior Activity Room; Must schedule appointment <b>Zumba Gold:</b> 9 – 10 a.m.; 6 weeks; \$30/\$60	<b>5 Coffee Hour/Gospel Sing:</b> 10 a.m.; Senior Activity Room <b>AARP Tax Aide:</b> 1-4 p.m.; Senior Activity Room; Must schedule appointment	<b>6 Blood Pressure Screening:</b> 9-10 a.m.; FREE; Senior Activity Room; Carilion Home Health <b>Veteran's Café:</b> 2 p.m. FREE Senior Act. Rm	<b>7 Gospel Sing:</b> 9:30-10 a.m.; Senior Activity Room <b>Bible Study:</b> 10:15-10:45 a.m. <b>AARP Tax Aide:</b> 1-4 p.m.; Senior Activity Room; Must schedule appointment	<b>8 NRVHBA Home Show:</b> 4-7 p.m.; admission \$5  <b>NO SENIOR AEROBICS, ZUMBA GOLD OR SENIOR MOTIONS</b>	<b>9 Medicare Decisions Made Easy:</b> 10 a.m.; FREE; Conference Room <b>NRVHBA Home Show:</b> 9 a.m. – 7 p.m.; admission \$5
<b>10 NRVHBA Home Show:</b> \$5 Noon – 5 p.m.	<b>11 AARP Tax Aide:</b> 1-4 p.m.; Senior Activity Room; Must schedule appointment <b>Basket Weavers:</b> 10-4 p.m.	<b>12 AARP Tax Aide:</b> 1-4 p.m.; Senior Activity Room; Must schedule appointment <b>Counter Art Trivet class</b> \$15 fee includes all supplies; pre-register 12:30 p.m. Mont. Co. Govt Ctr <b>Polar Bear Hike</b> \$5/\$10 leave @ 9:30 a.m.; pre-register	<b>13 Blood Pressure Screening:</b> 9-10 a.m.; FREE; Senior Activity Room; Carilion Home Health <b>Golden Corral/Sams Club</b> Leave Rec Ctr @ 8 a.m. \$6/\$12	<b>14 Gospel Sing:</b> 9:30-10 a.m.; Senior Activity Room <b>Bible Study:</b> 10:15-10:45 a.m. <b>AARP Tax Aide:</b> 1-4 p.m.; Senior Activity Room; Must schedule appointment <b>Barter Theater: Camelot</b> Leave at 11:30 a.m. \$40/\$60 Lunch on your own at a local restaurant.	<b>15 St. Patrick's Day Bingo:</b> 1. p.m.; \$4 plus \$1 in quarters for bingo prizes; pre-register	<b>16 AARP Tax Aide:</b> 9 a.m. - 12 p.m.; Must schedule appointment
<b>17</b>	<b>18 Mystery Movie and Munchies:</b> 11 a.m.; FREE, pre-register; drinks and refreshments provided <b>AARP Tax Aide:</b> 1-4 p.m.; Senior Activity Room; Must schedule appointment	<b>19 AARP Tax Aide:</b> 1-4 p.m.; Senior Activity Room; Must schedule appointment <b>Triad S.A.L.T Council: Craft Project at English Meadows</b> meet at 1:30 p.m.	<b>20 Hello Spring Craft</b> Christiansburg Rec Ctr 1:30 p.m. \$5; pre-register	<b>21 Rockbridge Winery/Iron Skillet</b> \$12/\$22 includes tasting and transportation leave Rec Ctr @ 9:30 a.m. <b>Gospel Sing:</b> 9:30-10 a.m.; Senior Activity Room <b>Bible Study:</b> 10:15-10:45 a.m. <b>AARP Tax Aide:</b> 1-4 p.m.; Senior Activity Room; Must schedule apt.	<b>22</b>	<b>23 AARP Tax Aide:</b> 9 a.m. - 12 p.m.; Must schedule appointment
<b>24</b>  <b>31</b>	<b>25 AARP Tax Aide:</b> 1-4 p.m.; Senior Activity Room; schedule appointment	<b>26</b>	<b>27 Lunch Bunch: Mexican Buffet, Roanoke, Va.</b> \$6/\$12 leave Rec Ctr @ 10:30 a.m.	<b>28 Gospel Sing:</b> 9:30-10 a.m.; Senior Activity Room <b>Attic Productions: Arsenic &amp; Old Lace</b> \$20/\$40 leave Rec Ctr @ 4:30 p.m. Dinner on your own at K&W Cafeteria prior to show. <b>AARP Tax Aide:</b> 1-4 p.m.; Senior Activity Room; pre-reg.	<b>29</b>	<b>30 AARP Tax Aide:</b> 9 a.m. - 12 p.m.; please schedule appointment