



Christiansburg Recreation Center
 1600 North Franklin Street
 Christiansburg, VA 24073
 Open to Senior Citizens
 (Ages 50 and over)

Telephone # (540) 382-2349, ext. 2003
 Fax # (540) 381-5537
 Email: tcaldwell@christiansburg.org



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Monday, April 1: A Matter of Balance 8:30 – 10:30 a.m. FREE; pre-register. Classroom 2, 8 weeks</p>	<p>1 What is Scherencenitte? 11 a.m. pre-register \$5 includes supplies AARP Tax Aide 1 – 4 p.m. Sr. Act. Rm.</p>	<p>2 Coffee Hour/Gospel Sing: 10 a.m. National Kite Month Celebration 11 a.m. \$3; pre – register Bisset Park, Radford VA</p>	<p>3 Blood Pressure Screening 9- 10 a.m. FREE. Sr. Act. Rm. Provider: Carilion Home Health Veteran’s Café 2 pm FREE</p>	<p>4 Mardi Gras Casino, WV. \$15/\$25; pre-reg. Leave rec. ctr @ 8 a.m. Lunch on your own at casino. AARP Tax Aide 1 – 4 p.m. Sr. Act. Rm.</p>	<p>5</p>	<p>6 AARP Tax Aide 9 a.m. – noon. Sr. Act. Rm.</p>
<p>7 Monday, April 15: Zumba Gold 6 weeks 9 – 10 a.m. \$30/\$60 Participant must pre-register prior to class.</p>	<p>8 Basket Weavers 10 a.m. – 4 p.m. Classroom 2 AARP Tax Aide 1 – 4 p.m. Sr. Act. Rm. Cupcakes Made Easy 11 a.m. \$5 includes supplies Kitchen</p>	<p>9 Lunch & Learn: Health Care Decisions Part 1 11 a.m. FREE; pre - register AARP Tax Aide 1 – 4 p.m. Sr. Act. Rm.</p>	<p>10 Senior Fun Day Leave rec center @ 9 a.m. \$5/\$10; pre – register Lunch on your own at K&W Blood Pressure Screening 9- 10 a.m. FREE. Sr. Act. Rm. Provider: Carilion Home Health</p>	<p>11 Gospel Sing 9:30-10 a.m. Sr. Act. Rm. Leader: Vanessa Eason Wohlfhart Haus: Back to the 50’s \$47/\$67 all inclusive Leave rec. ctr @ 11:30 a.m.</p>	<p>12</p>	<p>13 AARP Tax Aide 9 a.m. – noon. Sr. Act. Rm. Medicare Decisions Made Easy 10 a.m. – noon. Classroom 2</p>
<p>14 Monday & Tuesday April 15 & 16 AARP Driver Safety Class 9 a.m. – 1 p.m. \$15/\$20 Participant must pre-register prior to class.</p>	<p>15 Mystery Movie & Munchies FREE. 11 a.m. Pre-register. AARP Tax Aide 1 – 4 p.m. Sr. Act. Rm. VIN Etching 3 – 6:30 p.m. FREE. CFD</p>	<p>16 Health Care Decisions Part 2 1 p.m. FREE; pre-reg. Shred-a-Thon 3 – 6 p.m. FREE. Christiansburg Rec. Ctr. This is a drive-thru event, no walk-ups allowed. Three tote/box limit per vehicle.</p>	<p>17 Blood Pressure Screening 9 – 10 a.m. FREE. Sr. Act. Rm. Provider: Carilion Home Health</p>	<p>18 Gospel Sing 9:30-10 a.m. Sr. Act. Rm. Leader: Vanessa Eason Bible Study 10:15-10:45 a.m. Barter Theater: Madame Buttermilk \$40/\$60; pre- reg. Leave rec. ctr @ 9:30 a.m.</p>	<p>19 Lunch & Learn: What is a Hernia? 11 a.m. FREE; pre – reg See back of calendar for more information Thursday, April 18: Smart View Loop BRPWY Hike Difficulty: Easy to Moderate, \$6/\$12; Lunch on your own at local restaurant.</p>	<p>20</p>
<p>21</p>	<p>22 Trader Joe’s Leave rec. ctr @ 8 a.m. \$10/\$20; pre – register Lunch on your own at local restaurant.</p>	<p>23 Lunch Bunch: Roma’s Leave rec. ctr @ 10:30 a.m. \$7/14; pre - register</p>	<p>24</p>	<p>25 Gospel Sing 9:30-10 a.m. Sr. Act. Rm. Leader: Vanessa Eason Bible Study 10:15-10:45 a.m. Super Bingo FREE; pre – reg. Leave rec. ctr @ 11:30 a.m.</p>	<p>26 Thursday, April 25: Staff vs. Seniors Pool Tournament 9 a.m. FREE; pre-register</p>	<p>27</p>
<p>28 NRV SENIOR GAMES: 3-on-3 Basketball. 2 p.m. Rec Center</p>	<p>29 NRV SENIOR GAMES: Radford Recreation Center: Basketball Free Throws, Horse Basketball, Riflery, Frisbee, Opening Ceremonies, Lunch Softball Hit & Throw, Shot Put & Discus</p>	<p>30 NRV SENIOR GAMES: Radford Recreation Center: Shuffleboard, Canasta and Pickleball</p>			<p>APRIL</p>	<p>2019</p>