

Meeting Minutes for December 2, 2013

Mike Saylors called the meeting to order

In attendance: Mike Saylors, Mike Harris, Doris Oliver, Mike Barber, Brad Epperley, Charlton McCoy, Mary Critzer

The minutes from the last meeting were approved

Brad handed out a copy of the new brochures with the pictures from the Huckleberry trail on the cover

Brad shared the highlights from the November monthly report:

- The new youth volleyball league has 4 teams of 8 players. This is a great turn out for this is the first time we have offered this program. They will have skills sessions for the first 30-45 minutes and then a game after that will last 30-45 minutes each session
- Youth basketball numbers are up this year from last year
- Toddler time had 10 children with their parents sign up this session
- Fast fit (formally Moving through Midlife) had 17 participants. The P90 class had a great turnout of 21 participants. Zumba toning this session had 24 participants sign up for the class.
- We offered VIN etching in conjunction with the VA State Police. They etch the VIN number of the vehicle into the windshield as a safety measure for vehicle theft. We had a great turnout of 35 participants.
- Adult Open Volleyball is currently ongoing and the early portion of January is when the tournament for this league will start.
- Zumba Gold had a wonderful turnout with 21 participants and Senior Aerobics did great also with 23 participants.
- The senior trip to Shatley Springs had a delightful trip with 15 participants.
- The second Shred-A-Thon for the year had a great turnout with 178 participants bringing their items to be shredded.
- The attendance for the Recreation Center had dramatically increased from October and in November we had 9,454 attendants.
- Summit Ridge Park is having new playground equipment installed in January.
- We installed a bench at the trail head of the Huckleberry at the New River Valley Mall in memory of the Veterans.
- We are working with some of the area Recreation Departments to have a Regional approach to hosting area tournaments. This includes Christiansburg, Pulaski, and Radford. There was a meeting to come up with the rules and policies for the tournaments that will be hosted. The next meeting will be held December 10 at the Holiday Inn.
- We are looking into changing the way we group the youth football league. Instead of using the players age we will be using their grade they are in school, along with their weights within the

groups. The set up would be Mites league 2-3 grade and 85lbs, Junior league 4-5 grade and 110lbs, Senior league 6-7 grade and 135lbs. Our current system is dictated primarily through weights along with ages. One of the main risks is children trying to cut weight before weighing in and this can be dangerous for the children trying to do so in today's society. Unfortunately, children are not quite as active as they were 15-20 years ago. There is good literature on setting up the leagues from both angles of a weight system vs. non weight system. There is no proven research that using weight systems make a difference. These possible changes are not set in stone yet but there is another meeting in January and this is a step in the right direction.

- Survey is put into the new brochures and the page is perforated so that people can tear it off and turn it in. Still checking into putting it in the water bills for the Town Residents.

We would like to take time to thank Mike Barber for everything he has done for the Recreation Department and the Recreation Commission and wish him all the best in his next step of becoming the Mayor for the Town.

Meeting adjourned. Next meeting will be held January 6, 2014.