

# May



Christiansburg Recreation Center  
1600 North Franklin Street  
Christiansburg, VA 24073  
Open to Senior Citizens  
(Ages 50 and over)

Telephone # (540) 382-2349, ext. 2003  
Fax # (540) 381-5537  
Email: tcaldwell@christiansburg.org



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p><b>1 Blood Pressure Screening</b> FREE 9 a.m. Carilion Home Health <b>Blood Drive</b> 9 a.m. – 2 p.m. Rec Center Court C. Call 1-800-GIVELife to schedule an appointment. <b>NRV SENIOR GAMES</b> 11 a.m. Walk/Run RHS track 1 p.m. Mini golf Cox's Driving Range &amp; Golf Auburn Hills</p>	<p><b>2 Gospel Sing</b> 9:15 a.m. Senior Act. Room Leader: Vanessa Eason <b>Bible Study</b> 10:15-10:45 a.m. Sr. Act. Room <b>NRV SENIOR GAMES – Kiwanis Pk</b> 9 a.m. Boccee Ball, Horseshoes 11:30 a.m. Lunch 12:30 p.m. Corn Hole 1 p.m. Croquet</p>	<p><b>3 NRV SENIOR GAMES – Wytheville Parks &amp; Recreation:</b> 8 a.m. 5k Walk 9 a.m. Swimming 9:30 a.m. Badminton 1 p.m. Spongeball, Wii Bowling</p>	<p><b>4 Friday, May 4: Scrabble Players</b> 1:30-4:30 FREE</p>
5	<p><b>6 Tuesday, May 7: Evening Blood Pressure Screening/Information Table</b> 5 – 6 p.m. FREE Christiansburg Rec. Ctr. lobby</p>	<p><b>7 Coffee Hour/Gospel Sing</b> 10 a.m. Sr. Act. Room Leader: Vanessa Eason <b>Lunch &amp; Learn: Grow your own salad bowl</b> 10 a.m. \$5 light salad bowl lunch provided; pre-register.</p>	<p><b>8 Blood Pressure Screening</b> FREE 9 a.m. Carilion Home Health <b>Lunch Bunch: Walker Valley Market</b> \$7/\$14 Leave Rec. Ctr. @ 10 a.m.</p>	<p><b>9 Gospel Sing</b> 9:15 a.m. Sr. Act. Room Leader: Vanessa Eason <b>Bible Study</b> 10:15-10:45 a.m. Sr. Act. Room <b>Wohlfhart Haus: Annie</b> Leave Rec. Center @ 11:30 a.m. \$47/\$67</p>	10	<p><b>11 Medicare Decisions Made Easy</b> 10 a.m. Sr. Act. Rm</p>
12	<p><b>13 Basket Weavers</b> 10 a.m. – 4 p.m. Classroom 2</p>	<p><b>14 Birthday Bingo Bash</b> 11 a.m. \$4 plus \$1 in quarters; Pre-register Refreshments and drinks provided. Senior Activities Room</p>	<p><b>15 Blood Pressure Screening</b> FREE 9 a.m. Carilion Home Health</p>	<p><b>16 Gospel Sing</b> 9:15 a.m. Sr. Act. Rm <b>Bible Study</b> 10:15-10:45 a.m. Sr. Act. Room <b>Mother/Father's Day Lunch</b> 12 p.m.; \$8 per person, Pre-register</p>	<p><b>17 Thursday, May 16: Stampin Up-Radford Recreation Center</b> 10 a.m. – noon \$12, paid day of class; pre-register by Wednesday, May 8</p>	18
<p><b>19 Scrabble Players</b> 1:30-4:30 FREE</p>	<p><b>20 Mystery Movie &amp; Munchies</b> 11 a.m. FREE; Pre-register Conference Room <b>Meatless Monday Recipes</b> 6:30 – 8 p.m. \$13/\$23; Pre-register CDPR Kitchen</p>	<p><b>21 Triad Senior Care Fair</b> 9 a.m. - noon, FREE Rec Center Gym. See back of calendar for detailed information</p>	<p><b>22 Thursday, May 23: Super Bingo – Commonwealth Senior Living, Christiansburg</b> Noon; FREE must pre-register Depart from Recreation Center at 11:30 a.m.</p>	<p><b>23 Gospel Sing</b> 9:15 a.m. Sr. Act Room; Vanessa Eason <b>Bible Study</b> 10:15 - 10:45 a.m. Sr. Act. Room <b>Attic Productions: The Trip to Bountiful</b> Leave Rec Center at 4:30 p.m. \$20/\$40; pre-register; dinner on your own at K&amp;W prior to play</p>	24	25
26	<p><b>27 Memorial Day- Recreation Center Closed</b></p>	28	29	30	31	<div style="border: 2px solid black; padding: 10px; display: inline-block;">2019</div>