

Womens Fall league 2019

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| 1) Lovley Lady Bumps | 3) New Kids on the Block |
| 2) Home Fries | 4) Block party |

| Court | Sept 15th | Time |
|---------|-----------|---------|
| Court B | 2vs1 | 2:30 PM |
| Court B | 3vs4 | 3:30 PM |

| Court | Sept 22nd | Time |
|---------|-----------|---------|
| Court B | 4vs2 | 2:30 PM |
| Court B | 1vs3 | 3:30 PM |

| Court | Sept 29th | Time |
|---------|-----------|---------|
| Court B | 4vs1 | 2:30 PM |
| Court B | 2vs3 | 3:30 PM |

| Court | Oct 6th | Time |
|---------|---------|---------|
| Court B | 2vs1 | 2:30 PM |
| Court B | 3vs4 | 3:30 PM |

| Court | Oct 13th | Time |
|---------|----------|---------|
| Court B | 4vs2 | 2:30 PM |
| Court B | 1vs3 | 3:30 PM |

| Court | Oct 20th | Time |
|---------|----------|---------|
| Court B | 4vs1 | 2:30 PM |
| Court B | 2vs3 | 3:30 PM |

| Court | Oct 27th | Time |
|---------|----------|---------|
| Court B | 2vs1 | 2:30 PM |
| Court B | 4vs1 | 3:30 PM |
| Court B | 3vs4 | 4:30 PM |

| Court | Nov 3rd | Time |
|---------|---------|---------|
| Court B | 4vs2 | 2:30 PM |
| Court B | 2vs3 | 3:30 PM |
| Court B | 1vs3 | 4:30 PM |

VOLLEYBALL LEAGUE RULES

1. **FORFEIT** time is game time for the first game. If after 15 minutes a team fails to take the court, the 2nd and 3rd games will be forfeited.
2. **NO** more than **+1** males on the court at game time. Teams can play with as few as 2 players, 1 must be female.
 - 2a. **WOMEN'S LEAGUE:** no more than 3 front row players at anytime (no back row player shall spike in front of the yellow line).
 - 2b. **CHURCH** and Women's League *participants* must be at least 16 years of age.
3. **RALLY** scoring is in effect. Games are won by the first team to score 25 points. Teams **must** win by 2 points. Teams will play all 3 games as time allows. During "**Tournament Play**" games are best 2 out of 3.
4. A player **must** participate/play in a minimum of **3** regular season games in order to participate/play in the tournament.
5. **CHURCH LEAGUE:** Players may rotate in at the **Front Left** only. Injured players may be replaced.
 - 5a. **WOMEN'S & OPEN LEAGUE:** Players may rotate in at the serve only. Injured players may be replaced.
6. **IF** the ball is hit more than once on your side, a female must hit the ball before it breaks the plane of the net, (**Does not apply to Women's League**).
7. **TEAMS** are **Not Allowed** to distract the opposing team by yelling or any other unsportsmanlike act.
8. **TEAMS** will not block or spike a serve.
9. **NO** body parts below the waist will be allowed to contact the ball.
10. **THE** official will call the plane of the net (both ground and above the net).
 - 10a. **THE** net will be set at a height of 8' (**Women's League: 7' 6"**)
11. **ANY** questions regarding the officials ruling must be done by the **Team Captain** only.
12. **TEAMS** are allowed (**2**) 1 minute time-outs per game. Teams must call a **Time-Out** to question an Official's call.
13. **PLAYERS CONDUCT:** Bad sportsmanship **WILL NOT BE TOLERATED**. The official has the right to eject a player for bad sportsmanship.
14. **IN** the event **Montgomery County Public Schools are closed or dismissed early due to inclement weather, all scheduled games and/or practices are automatically postponed.**
15. **WE now have a cancellation line. To access it, dial 540-382-2349, select option #4.**
16. **NO food or drinks are allowed in the gym.**
17. **CHILDREN must be seated in the bleachers during your games. They will not be allowed to play or run on the track.**
18. **IF you are watching a game and not a CDPR member, you must remain seated in the bleachers. You are not allowed to shoot baskets or be on the track, etc.**