



## About Personal Advantage

# OVERVIEW

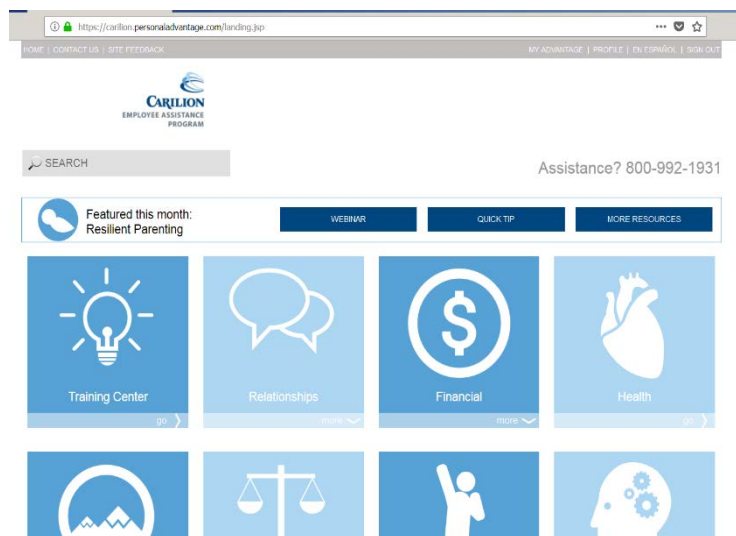


**Personal Advantage** is an interactive resource available to help you and your family build resilience and get answers to all of life’s tough questions. Each day you are faced with events that can have an effect on you, both personally and professionally. Whether it is a health, financial, legal, relationship, or emotional issue, the effects of that issue are felt in all areas of your life. In order to better prepare yourself for all the challenges you face, we have compiled information to educate and enlighten you in all major life areas. We hope our assessments, videos, quizzes, courses, articles, calculators, and other resources will offer your assistance and comfort.

### Modules

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Webinars



Link: <https://www.carilionclinic.org/eap/life>

Username: TOWNOFCB

Password: TOC

