



“Happiness
is...”

Your Employee Assistance Program Website
www.carilionclinic.org/eap

“Breaking through the wall of depression. I had spent months feeling alone and worthless. I saw life as one hopeless day after another. All I had to do was reach out. Someone took my hand and led me to the help I needed. Now, I know what happiness is.”

For Appointments Call:
**Carilion Employee
Assistance Program**

All Regions & Roanoke Valley:

1-800-992-1931

1-540-981-8950

New River Valley:

1-800-992-1931

1-540-731-7379


CARILION
EMPLOYEE ASSISTANCE
PROGRAM