

# ADULT ATHLETICS & TEEN ACTIVITIES

## ADULT BASKETBALL

10-14 regular season games (depending on number of teams registered), double-elimination tournament at the end of the season. All players must 18 years of age. No college players of any level allowed. High School players of age can play if the current season is completely over.

Team managers meeting will be scheduled at the conclusion of registration.

Late registration will be accepted for up to 1 week after the normal registration period, if teams are needed to make the league run. Minimum of 4 teams is needed for the league to make.

High School League players must be in school and not playing or have played high school basketball during the current year. Any player that does not go to Christiansburg High School must pay an additional \$10 dollar fee.

Church / Coed will be a team made up of 1 female and 4 males to play.

Leagues	Registration Dates	Days Played	Location	Fees
Open Fastbreak	Dec. 4 - Dec. 29	Sun, Thur	Recreation Center	\$350 per team
Open Slowbreak	Dec. 4 - Dec. 29	Sun, Tue	Recreation Center	\$350 per team
Over 30 Slowbreak	Dec. 4 - Dec. 29	Sun, Tue	Recreation Center	\$350 per team
Over 40 Fastbreak	Dec. 4 - Dec. 29	Sun, Mon, Tue	Recreation Center	\$350 per team
Church League/ Coed	Dec. 4 - Dec. 29	Sun, Mon	Recreation Center	\$350 per team
Women's Open	Dec. 4 - Dec. 29	Sun, Thur	Recreation Center	\$350 per team
High School League	Dec. 4 - Dec. 29	Any Day Available	Recreation Center	\$200 per team/ \$10 per player out of town

## ADULT VOLLEYBALL

10-14 regular season games (depending on number of teams registered), double-elimination tournament at the end of the season. Open League players must be 18 years or older. Church League players must be 15 years of age or older. No college players (any level) allowed to participate. High school players can participate if their high school season has concluded.

"A" League will be a more competitive league, refereed tighter with more violations called. "B" League will be a less competitive league with less violations called.

Women's league must be 16 all games will be played on women's legal height (7'6").

Team managers meeting will be scheduled at the conclusion of registration.

Late registration will be accepted for up to one week after the normal registration period, if teams are needed to make the league run.

Minimum of 4 teams is needed for the league. Leagues

Registration Date	Days Played	Location	Fees	
Co-ed Church "A"	January 8 – February 9	Tuesday	Recreation Center	\$140 per team
Co-ed Church "B"	January 8 – February 9	Tuesday	Recreation Center	\$140 per team
Co-ed Open "A"	January 8 – February 16	Thursday	Recreation Center	\$140 per team
Co-ed Open "B"	January 8 – February 16	Thursday	Recreation Center	\$140 per team
Men's Open	January 8 – February 23	Mondays	Recreation Center	\$140 per team
Women's Open	January 8 – February 23	Mondays	Recreation Center	\$140 per team

## ADULT SOFTBALL

10-14 regular season games (depending on number of teams registered), double-elimination tournament at the end of the season. Open League players must be 18 years or older. Church League players must be 15 years of age or older. No college players (of any level) allowed to participate. High school players are allowed to participate if their high school season has concluded.

All leagues will be going with USSSA bat rules.

Team managers meeting will be scheduled at the conclusion of registration.

Late registration will be accepted for up to one week after the normal registration period if teams are needed to make the league run.

Minimum of 6 teams is needed for the league.

Church League rosters must be signed by the pastor when turned in.

Church League is provided game balls from the Parks and Recreation Department.

All women will be hitting 11inch ball which will be provided by us as well.

Leagues	Registration Date	Days Played	Location	Fees
Co-ed Church	Feb. 19 – May 3	Tuesday, Thursday	Kiwanis, Harkrader	\$350 per team
Co-ed Open	Feb. 19 – May 3	any day available	Kiwanis, Harkrader	\$300 per team
Men's Open	Feb. 19 – May 3	Monday, Wednesday	Kiwanis, Harkrader	\$300 per team
Women's Open	Feb. 19 – May 3	any day available	Kiwanis, Harkrader	\$300 per team

## SUMMER LEAGUE BASKETBALL

10-12 regular season games (depending on number of teams registered), double-elimination tournament at the end of the season. Players must be 18 years of age or older.

Must have a minimum of 4 teams for the league to run.

Late registration may be accepted for 1 week after the deadline, if we don't have enough teams.

Leagues	Registration Date	Days Played	Location	Fees
Fast break basketball	March 4 - April 26	Monday, Wednesday	Recreation Center	\$350.00

## ADULT VOLLEYBALL FALL

10-12 regular season games (depending on number of teams registered), double-elimination tournament at the end of the season. Open League players must be 18 years or older.

Team managers meeting will be scheduled at the conclusion of registration.

Late registration may be accepted for up to 1 week after the normal registration period, if teams are needed to make the league run.

Minimum of 4 teams is needed for the league to make.

Leagues	Registration Date	Starting Date	Days Played	Location	Fees
Co-ed Church "A"	June 19 - Aug 4	Early September	Tuesdays	Recreation Center	\$140.00
Co-ed Church "B"	June 19 - Aug 4	Early September	Tuesdays	Recreation Center	\$140.00
Co-ed Open	June 19 - Aug 4	Early September	Thursdays	Recreation Center	\$140.00
Men's Open	June 19 - Aug 4	Early September	Any Day Available	Recreation Center	\$140.00
Women's Open	June 19 - Aug 4	Early September	Sundays	Recreation Center	\$140.00

## ADULT DODGEBALL

12-14 regular season games (depending on number of teams registered), double-elimination tournament at the end of the season. 6 on 6 format

Kind of ball to be used is undecided.

Team managers meeting will be scheduled at the conclusion of registration.

Late registration will be accepted for up to 2 weeks after the normal registration period, if teams are needed to make the league run.

Minimum of 4 teams is needed for the league to make.

Leagues	Registration Date	Starting Date	Days Played	Location	Fees
Adult Dodgeball	Dec. 4 - Dec. 29	TBA	TBA	Mayflower building	\$100 per team

## TEEN WEDNESDAYS



13 – 17 years of age

Every Wednesday (in months that have 5 Wednesdays we will do the last 4)

3:45 - 5:15 p.m.

Activities included: Pickle Ball, Racquetball, Ping Pong, Nerf Challenge

Each Wednesday participants will be learning how to play Pickle Ball, Racquetball and Ping Pong. On the last Wednesday we will end the program with a Nerf Challenge. (Nerf blasters will be provided). Register by the last Wednesday of each month to be signed for the following month. Invite your friends.

Leagues	Registration Date	Starting Date	Days Played	Location	Fees
Teen Wednesdays	Before the last Wednesday of each month	On going	Wednesday	Recreation Center	\$20 per month